

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Calorie target</i> K-5 = 550-650 6-8 = 600-700 9-12 = 750-850		1 no school	2 no school	3 Burrito Cheese sauce, Corn fiesta, Chips & Salsa, Pears, Milk	4 No meat Pot Pie over Biscuit, Green beans, Pears, Milk Rice Crispy Treat	
Sub sandwich option for main dish everyday except Friday	7 Beef Tips over Mashed Potatoes Corn, Dinner roll, Peaches, Milk	8 Chicken Noodle Soup, Bologna Sandwich, Mixed veggies, Pears, Milk	9 Meatball Sub Lettuce salad, Green pepper strips, Pineapple, Milk	10 Hotdog/Bun Baked Chips, Baked Beans, Raisins, Fruit, Milk	11 Mac & Cheese, Goldfish, Green beans, Apple sauce Milk	Grades 9-12 No Lunch Jan.10, 11 due to semester test
Salad bar op- tion open to all students every- day!	14 Mexican Pota- toes, Lettuce salad, Salsa, Pine- apple, Milk	15 Breaded chicken Patty, Roasted Cau- liflower, Celery & Sun butter , Fruit Milk	16 Corndog Baked Chips, Baked Beans, Cooked Car- rots, Mandarin Or- anges, Milk	17 BBQ Pork Cheesy Potatoes Green Beans, Sliced Peaches Milk	18 Fish Sandwich Cheese, Baked Chips, Baked Beans, Fruit, Milk	
	21 Creamed Chicken & Bis- cuit, Mixed Veg- gies. Fruit, Milk	22 Tavern Potato Wedges Corn, Sliced pears Milk	23 Orange Chicken Brown Rice, Ori- ental veggies, Manda- rin Oranges, For- tune Cookie, Milk	24 Goulash Cooked Carrots, Breadstick, Pine- apple, Milk	25 Grilled cheese Tomato Soup Green beans Fruit Cup , Milk	
Catholic Schools Week	28 Chicken Al- fredo, Garlic Breadstick, Peas Fruit, Milk	29 P-2 Cheese Na- cho, 3-12 Crisпитos Corn Fiesta Chips & Salsa, Fruit, Milk	30 Chicken Nug- gets, Mashed Po- tatoes, Gravy, Tea roll , Fruit, Milk	31 Family Picnic 12:00 — 12 :45 * NO lunch served	Feb. 1 Dads Serve Lunch	